

## The *Grassroots Writing Research Journal* Presents: Picturing Literate Activity

### Surviving Post-Pandemic Transition with Pomodoro Timers as Writing Space Tools

Edcel Javier Cintron Gonzalez

**PLA Narrative:** The transition from my apartment space to the outside world has not been easy. I've struggled to keep myself motivated with teaching and work from the university, and even household chores. My friends started inviting me to Zoom study sessions, where they use the Pomodoro Timer to keep track of their work. This is when I started Googling more about Pomodoro Timers, experimenting with different tools and apps. For online study sessions, I've been using the Flora app which awards you with different trees and flowers if you successfully complete your time sessions. For in-person, I love using my countdown timers because I can physically rotate them into timed sessions I need to complete my next task. I feel like I can encourage myself to work again thanks to using tools that help facilitate my writing space.



Figure 1 (above): Countdown timers come in different time settings. Edcel uses his sixty-minute timer for longer work sessions and chores while the thirty-minute timer is for short-term tasks.

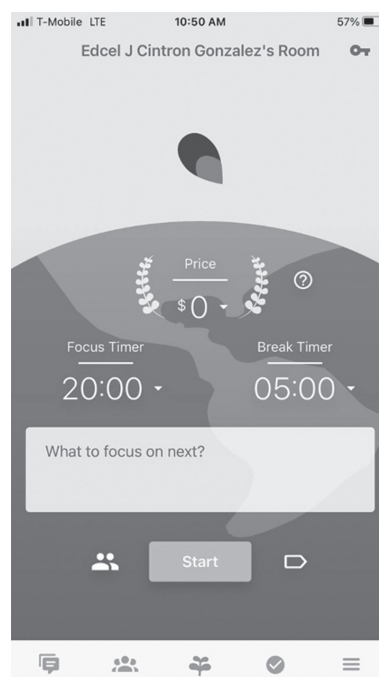


Figure 2 (right): Edcel loves using Pomodoro apps on his phone during zoom writing or study sessions. They allow him to invite his friends so they can grow a virtual garden together, while also getting work done!



**Pandemic Bio: Edcel J. Cintron Gonzalez** is rocking his pandemic long hair and beard. He has no plans to get a haircut soon.